

May 23, 2016



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Cudahy Health Department



## **Physical Activity and Nutrition Task Force Meeting Minutes**

Date: May 20, 2016

Attendees: Abby Demler, Erin Miller, Dianna Bartelt

1. EatPlayGrow Curriculum
  - a. CHD building partnerships throughout Cudahy to implement the EatPlayGrow curriculum in effort to lower obesity rate  
Action Item: None, CHD will share grant approval/denial decision at July meeting
2. It's Your Health! Lunch N Learn
  - a. The first lunch n learn session was a huge success! 49 participants expressed excitement and positive feedback was received. Possible topic for next series: Medication and weight-loss/gain.
  - b. FLU survey was distributed and there were 29 respondents. Survey results can be found as an attachment to the email with these minutes sent on May 23, 2016.  
Action Item: Abby contact Lynn regarding physicians availability for next session. Abby talk with Krystal about quarterly medication collection days.
3. Cudahy Farmer's Market
  - a. Starts in June and runs through October. The CHD will be there every 3<sup>rd</sup> Wednesday; South Shore Family Chiropractics will be attending every other week. Abby and Erin will talk about maybe connecting for the June topic of "Fit Feet" to provide posture assessments/education
  - b. The passports that will be handed out can be found as an attachment to the email with these minutes sent on May 23, 2016.  
Action Item: Abby to create list of possible donations for adult and child winners. Abby will contact Allie to see if she's available to join CHD for this topic.
4. Fall Community Walk/Firefly Walk
  - a. Dianna expressed interest in repeating the FireFly Walk in 2016, but moving it to a different time in effort to have better weather. Early fall was discussed as a good timeframe. Last year was a great turn out. Make sure vendors are indoors this time.  
Action Item: Abby to talk with CHD about repeating the walk
5. Candy Collection



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- a. In the past CHD hosted a candy collection during Halloween time and donated what was collected to troops overseas. The task force and CHD would like to duplicate this effort in 2016

Action Item: Abby to talk with CHD about repeating the candy collection.

### Summary of Action Plan

Action Item	Status Update
It's Your Health! Lunch N Learn/Medication Collection	Complete/Inprogress
Cudahy Farmer's Market	In progress
FireFly Walk	In progress
Candy Collection	In Progress

### 6. Next Meeting: Friday, June 17, 2016 at 9:00-10:00AM